



# Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## 3.4 Extension Activities

**3.4.2 Number of awards and recognition received for extension activities from Government/ recognized bodies year wise during the last five years.**

**3.4.2.1. Total number of awards and recognition received for extension activities from Government/ Government recognized bodies year-wise during the last five years**

### DVV Query

Provide Detailed report for Dadar Beach clean Drive Education of poor Senior Citizen Welfare Marrow Donation Registration Accenture Faculty Achievement Blood Donation Camp Ration food, seva Managing Medical & Eye check up camps Dadar Beach plastic clean up for 15 hrs Working in Charitable Elders home for 30 Hrs Service of Ashram (30 hours ) Mahim Beach Cleaning Drive for 3 days ( 15th ,19th & 31st sep.2018 ) Campaign for Basic Sanitation Facility for women in remote areas. Juhu Beach clean up drive Kerala flood relief drive for 2016-17, 2017-18, 2018-19, 2019-20, 2020-21 with specific mention of number of students participated and collaborating agency signed by competent authority.

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Sr No	Report of Activities Conducted	Year
1	Dadar Beach clean Drive – Jay foundation	2019
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5	Accenture Faculty Achievement Award	2019
6	Blood Donation Camp - JJ Rakhtapedhi	2018
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9	Dadar Beach plastic clean up - Jay Foundation , Mumbai	2018

10	Working in Charitable Elders Home - Chainani Charitable trust	2018
11	Service of Ashram ( 30 hours ) - Swami Lila shah Udyog Ashram	2019
12	Mahim Beach Cleaning Drive - Image Foundation India	2018
13	Campaign for Basic Sanitation Facility - CRY foundation	2018
14	Juhu Beach clean up drive - Rajani Foundation	2017
15	Kerla flood relief drive - VFF Foundation	2018

## **Dadar Beach Clean-up Drive**

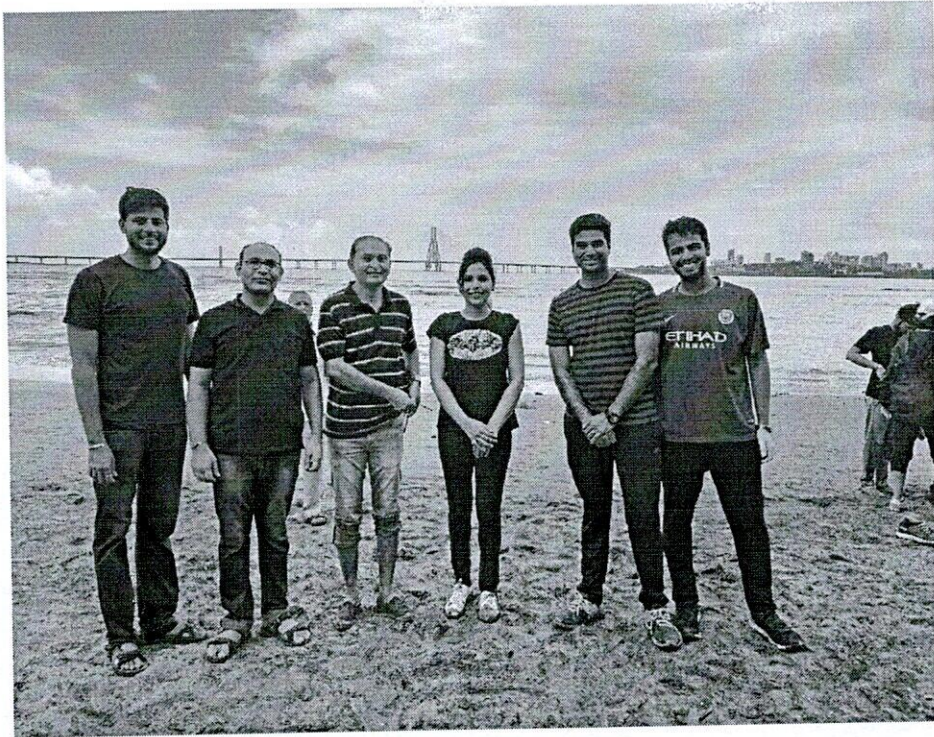
### **Activity 1**

#### **Dadar Beach Clean-up Drive Organized for TE Students**

The winds were calm, the sky was serene and the waves were smooth on Sunday, the 25th of August 2019, as a total of 77 students gathered on Dadar Beach at 9 a.m. sharp. They were all dressed in black clothes as part of the dress code, and they were all TE students from VESIT. They had gone out of their way to get up early on the weekend and travel long distances for one common objective: Cleanliness.

This Beach Clean-up Drive was initiated by Dr. Pooja Kundu and Dr. Sushil Dhuldhar both Assistant Professors, in Humanities and Applied Sciences Department. They reached out to Mr. Sreedhar, who is a VESIT alumni and a part of We Change, a reputed NGO. Mr. Sreedhar suggested that they join hands with Jay Foundation, and thus the event came into being. The volunteers from WeChange present were Mr. Kabir Sachdev, an Ex-VESITian from Instrumentation and Ms. Khyati. The students were also joined by Mr. Jay Shrirangpure, who is the founder of Jay Foundation, a businessman and a local resident, and had personally "adopted" Dadar beach and vowed to do his best to keep it clean. He had collaborated and conducted a lot of Drives previously and had a lot of experience. The faculty which was present was Mr. Vivek Umrikar (HOD, H&S Department), Mr. Vijay Shejwalkar, Dr. Sushil Dhuldhar and Dr. Pooja Kundu. The students were asked to divide themselves into groups of 5, given rubber gloves to wear and baskets to collect all the garbage in. They had been specially instructed to only collect plastic waste which does not decompose, and causes a lot of harm to marine life too. The students then had a great time collecting all the garbage on the beach, while making merry and enjoying the amazing weather at the same time. The occasional short drizzles helped keep them cool. Some plastic waste was also collected from the students and faculty, for which separate arrangements were made and it was sent for recycling. "The major motive behind this drive was to make Third Year BCE students aware of the contemporary issues our society is facing today. Rather than having GDs and Debates, we believe in action and giving first-hand experience to the students, so that they will become better and more conscious citizens. It was a joint effort for saying no to plastic and encouraging proper disposal." says Dr. Pooja Kundu.

According to the report, a total of 50 kg of garbage was collected in this Drive till 12:30PM. Soon enough, the teachers rounded up all the students and a short photo session followed, where everyone had jubilant expressions on their faces. Everyone clapped for themselves and each other for taking part in this different, but fulfilling and satisfying event. The teachers distributed sweets to everyone, and made sure that all the students left for home. The faculty would like to thank and express their gratitude to the Principal and Vice Principal of VESIT, for granting them permission to conduct this Drive. Heartfelt thanks to Mr. Vivek Umrikar, HOD of Humanities and Applied Sciences Department who readily agreed to join for this noble cause. Without his guidance and help it would not have been possible. Special thanks to Mr. Vijay Shejwalkar, Assistant Professor, Humanities and Applied Sciences Department for sparing his valuable time on holiday and joining for this drive. Thanks to all the diligent and sincere students who had come to make this venture huge success by cancelling their weekend plans. The aim is to keep such events regularly to give students a more hand-on approach.



Mr.Vijay, Dr.Sushil Dhuldhhar,Mr.Vivek Umrikar ,Dr.Pooja Kundu, Mr.Jay and Mr. Kabeer Sachdev



The entire team

*Jayal*  
PRINCIPAL,  
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INSTITUTE OF TECHNOLOGY  
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MUMBAI-400 074, INDIA.

## Activity Two

### First Years participate in Dadar Beach Clean-up

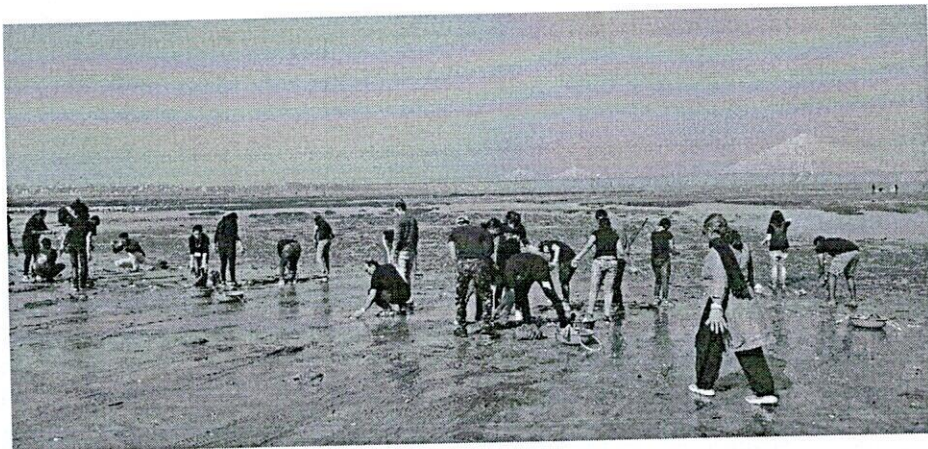
On the cool, breezy morning of Saturday, the 18th of January, around 55 first year students of VESIT, dressed in black clothes as a part of the dress code, gathered on Dadar beach at 9 a.m. sharp. These students volunteered to travel all the way to Dadar from various corners of Mumbai, early in the morning to support this initiative by the Humanities and Applied Science Department of VESIT.

This beach clean-up drive was initiated by Dr. Pooja Kundu and Dr. Sushil Duldhar. This initiative was supported by Mr. Jay Shringarpure, founder of Jay Foundation, a businessman and a local resident who has personally adopted Dadar beach and vowed to do his best to keep it clean, whom Dr. Pooja Kundu had met during her last beach cleaning drive. The faculties present for the drive were Mr. Vivek Umrikar (HOD, H&S Department), Dr. Pooja Kundu, Dr. Sushil Duldhar, Ms. Ramya T and Dr. Shashwati M.

These students were asked to divide themselves into groups, and were given rubber gloves to wear and baskets to collect the waste. They had been instructed to collect plastic waste which does not decompose and causes harm to marine life. The students had an amazing time cleaning the beach for it was not only about the inner satisfaction that they could experience but also it was a great opportunity for these students to get along with their batch mates.

"I firmly believe that real learning happens beyond the four walls of the classroom. The main motive behind this beach cleaning drive was to sensitize the young minds for non-usage of single use plastics which is choking our environment and marine life. The cherry on the cake is that the students promised that they will minimize the usage of plastic and would love to join on many such drives in future. The seed to save our incredible environment is sown and I can positively say that is going to bear fruits in future." said Dr. Pooja Kundu

Almost seven hundred kg of plastic waste was collected in this drive which lasted till 12 p.m. on that day. The collection of waste was followed by a photo session. The students very enthusiastically clicked photographs to post on various social media handles. After the satisfying beach clean-up drive, the students were treated with Vada Pav by Mr. Vivek Umrikar. Immense contentment could be witnessed on everyone's faces after constructively utilizing their holiday by doing their level best to save mother earth.



*Jayshree*  
PRINCIPAL,

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MUMBAI-400 074, INDIA.



Students of Humanities and Applied Science Department of VESIT alongside HOD Mr. Vivek Umrikar, Dr. Pooja Kundu, Dr. Sushil Duldhar, Ms. Ramya T and Dr. Shashwati M at Dadar Beach participated in this initiative

*Jayalal*  
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# Vivekanand Education Society's Institute of Technology

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## Report on volunteering at Aarna Foundation

### Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. It also gives the students an opportunity to apply their classroom learning to practical scenarios that have real implications.

### Summary:

As a part of the BCE extension project, **Shweta Kaluram Mungasehas** interned at Aarna Foundation from 6 September, 2018 to 21 September, 2018 she spend more than 100 hours helping **in education of the poor children.**

Arna Foundation is a registered NGO established in the year 2014. It works towards the social development of orphans, under privileged children and their families. It provides children from low-level income communities with a high-quality education, enabling them to maximize their potential and transform their lives. It also trains women from lower income group in various courses to help them independent and thus empower themselves.

Shewta was a part of the team of Mr Chinu Kwatra, where she was assigned various tasks like teaching in the slums, campaigning for GO Green, during the Ganesha Festival and cleaning up the beach after the festival.

For the task of teaching in the slums, Shweta had to the small makeshift classrooms arranged by the NGO and help the students who had come there with their studies. The age group of the students varied from 5 years to fifteen years. She would teach them to read, write and mathematics. As a volunteer, she worked in close coordination with the students, formed close bond with them. Being their mentor, also helped her to introspect on her decisions, maturity and analytical abilities.

Since the festival of Ganesh Chaturthi was round the corner, Shweta also joined the team to raise the need for going Green during this festival. Every year, thousands of marine life is destroyed as a result of people immersing their idols with various toxic paints in the sea. Immediately after the festival, one can see a sea of dead fishes and other marine animals washed ashore. To sensitize the public on this colossal destruction every year, it is impertinent that we educate the public at large. Shweta joined campaigns and also went for a door to door campaign to spread this message.

The sight of our beach, the day after the immersion of Lord Ganesha, is a sight to sore eyes. Parts of the idol are littered at the full length of the beach. The sea promptly throws up to land, what had been immersed callously by ignorant public. Shweta, joined the team to clean up the beach and make it habitable once again. Though it would take days and hundreds of hands to do so, every hand counts. \



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## Outcome:

The time spent volunteering at the NGO proved to be very valuable for Shweta. It made her realize the need to serve society in order to have a better community in future. It also enhanced her soft skills, where she learnt to use better persuasive and motivational communication.

Signature

Dr. Geeta Ajit







# Vivekanand Education Society's Institute of Technology

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## Report on volunteering at Chai Masti Centre, Dignity Foundation

### Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. Through this experience of **giving a helping hand to the aged**, and giving a helping hand to the welfare of senior citizens help students gain self-esteem and self-confidence as they were able to help and give comfort to the senior citizens of our society. They also gained knowledge and experience after interacting with citizens who have a vast body of knowledge and experience.

### Summary:

Dignity Foundation is an NGO whose mission is to create an enlightened society in which senior citizens feel secure, confident and valued, and can live with dignity. They enable senior citizens to lead active lives through easy access to trusted information, opportunities for productive aging and social support services. The Foundation works assiduously to re-instill in the elderly minds the confidence that age and productivity are not mutually exclusive. This is done by utilizing their experience and maturity in activities that serve the needs of the community. They empower senior citizens with basic awareness and gift them with various services already in existence.

One of the goals of the Foundation is to rid the minds of the senior citizens of negative feelings such as aging is synonymous with loneliness, isolation, and decline. Equality, positive thinking, perseverance, self-belief, and simplicity are the pillars on which Dignity Foundation stands. Dignity Foundation has various centers for the senior citizens, and one is the Chai Masti Centre at Chembur. Since this is at close proximity from the college, Piyusha Bauskar and her team selected to work as this location for their BCE Extension Project and volunteered here from September 2018 to November 2018.

The group would go to the center two to three times a week as allotted at the time given to them, which was generally the evening tea time. The senior citizens from nearby areas would assemble here to have tea and also to meet their friends and other companions. Most of the senior citizens lived alone or with children who were at work the whole day and had very little time to spend with them. They would look forward to this gathering which was held two or three times a week.

The young volunteers would reach on time to serve them tea and snacks. After the chai time, was Masti time, for which the volunteers would plan a fun activity for all the senior citizens present there. It room would reverberate with shouts of cheer and laughter. Some of the seniors would request to play chess, and the volunteers would take turns to play individual games with them. They would ensure that each of the senior citizens would participate in at least one game. This made the most memorable moments



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for both the aged members and the young volunteers.

The students also conducted classes on how to operate smart phones. Most of the senior had or could afford it, but did not know how to use it. The students patiently taught them each step until each one of the senior were able to use it to their requirement. This made the senior citizens feel that they too can be a part of the technological world which hitherto they had been banished from. It gave a great boost to their confidence.

This time spent with the senior citizens was an emotional education that no book or theory could have given the young students. Chatting and interacting with the senior members also helped the students gain immense practical knowledge that they otherwise would never have known.

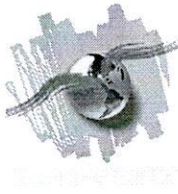
## **Outcome:**

The time spent volunteering at the NGO proved to be very valuable not only for the senior citizens but also for young volunteers. It made them realize the importance of family and the need to love and care for every individual. Speaking to the old experienced people also enhanced their knowledge and world vision. It provided them with a sense to purpose and also instilled the commitment of taking care of our senior citizens.

Signature:

  
Dr. Geeta Ajit





## Social Responsibility Team(SoRT)- VESIT

### Marrow Donation Registration Camp

**Staff Incharge: Deepti Khimani.**

**SoRT Secretary: Sumit Manwani.**

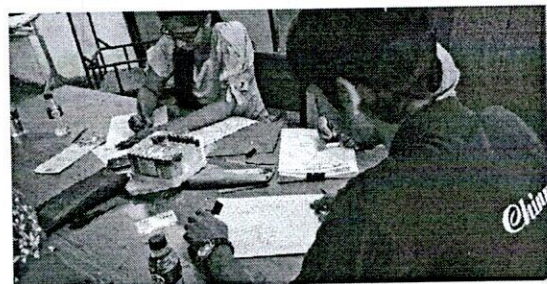
SoRT VESIT in collaboration with marrow donor registry India, (MDRI) an NGO under the Tata Trusts are organizing a stem cell donor registration drive in our college on Tuesday (19/3/19) from 10am to 4pm in the boys common room.

Blood related disorders like blood cancer, thalassemia, aplastic anemia and other genetic blood disorders are on the rise which cannot be completely cured by medication.

The only possible permanent cure is through a stem cell donation if the donor's DNA matches perfectly with the patients, the donation process being very much similar to blood donation, with a needle in the arm.

Only a 4ml blood sample was collected on Tuesday to enter their DNA in the national registry. The donor would be called in future if their DNA is found as the perfect match . This year there were a staggering **314** students/staff who came forward and successfully registered to the MDRI.

The event saw people swarming in to voluntarily help out people who are in need, in hopes that one day they will be able to save a person's life. With this positive attitude, we concluded the very successful marrow donor registration, and inched closer to have a positive impact on the society. *Towards the better, together.*



*Jayashree*

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**Vivekanand Education Society's Institute of Technology Chembur, Mumbai 74,**

**VESIT Training and Placement Cell**

**Accenture Diversity Connect Program**

**Date: 11/03/2019**

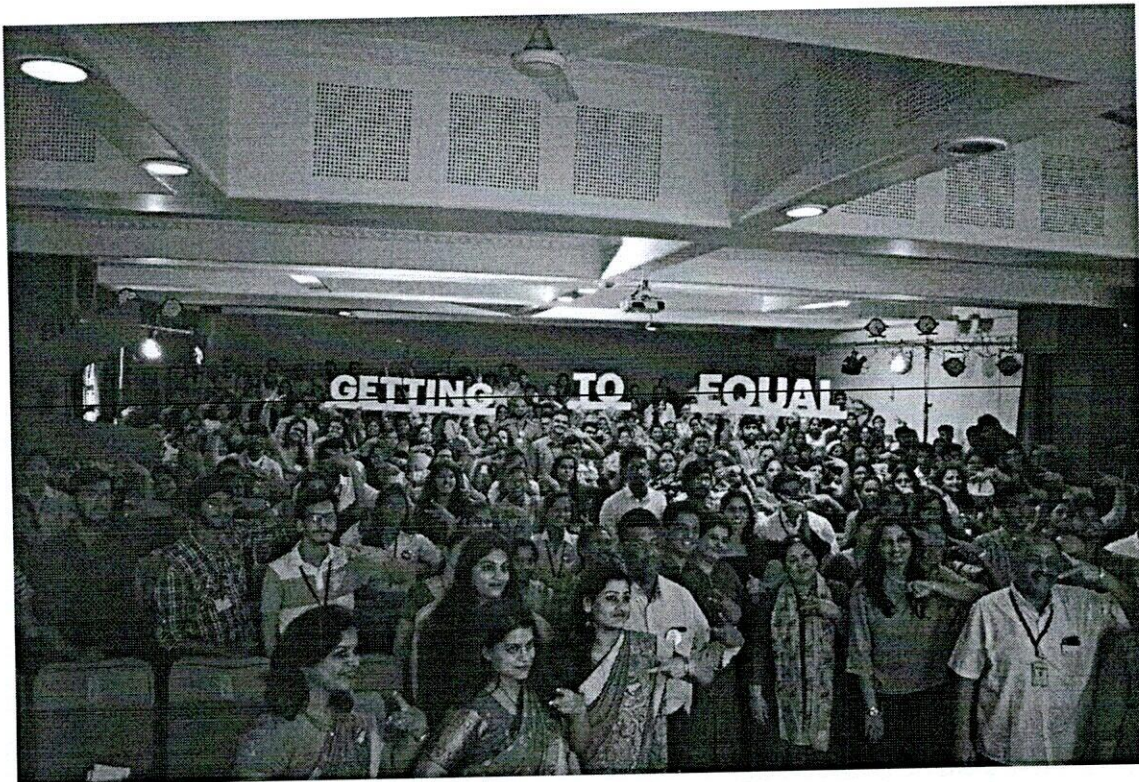
**Time: 9 am to 12 pm**

Accenture in association with VESIT training and placement cell held an event on inclusion and diversity in VESIT on 11/03/2019. The main motive of the event was to promote Accenture's Getting to equal mission by 2025. The occasion was also used for the celebration of international women's day.

The dignitaries present for the event were Ms. Kalyani Roy (Managing Director Accenture), Ms. Sejal Parekh (Managing Director Accenture), Ms. Deepa Rai (Campus operation leader for Accenture), Mr. Ajay Kumar Heremat (Zonal Manager Accenture), Ms. Kavita Krishnamurthi (Alumni of VESIT) and Mr. A. Nagananda (Training and placement officer VESIT).

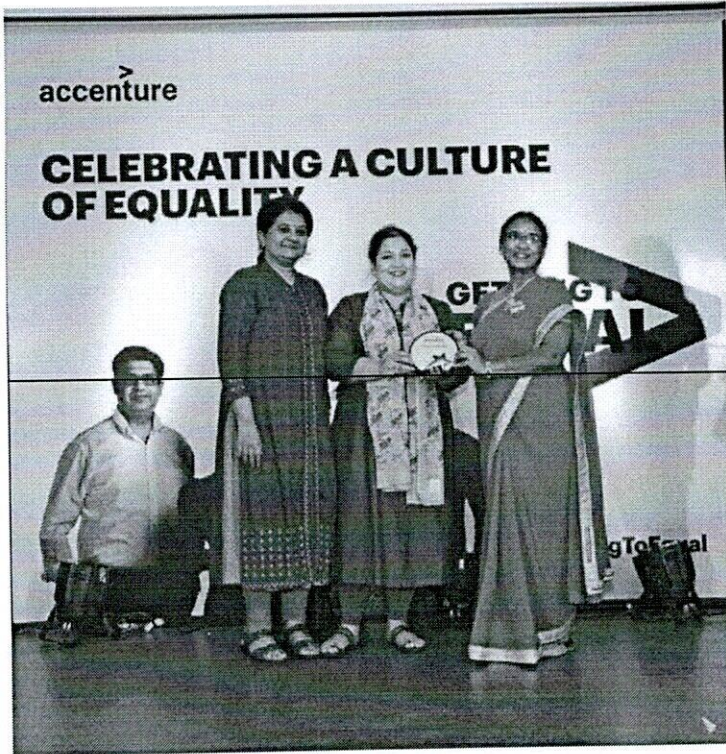
The event was hosted by Ms. Nadia Hakani and Ms. Anushree Prabhu. All the guests were welcomed by presenting a memento from the members of the training and placement cell VESIT. The event started with few fun games including a photography contest, a message writing contest and a social media contest. All the winners were awarded by giving exciting prizes. In the second part of the event Ms. Kalyani Roy & Ms. Sejal Parekh spread a light over Accenture's point of view about gender equality and they also explained the gender imbalance the corporate world is facing today in our country. They also introduced the audience with Accenture's getting to equal by 2025 mission and also showed how they are approaching towards accomplishing it. The event made it very clear that Accenture does not support any discrimination based on gender, caste, religion, race and physical disability. Accenture purely believes that inclusion and diversity is the way to go forward and they are completely supporting it by employing all kinds of individuals. The audience was also entertained by some beautiful cultural performances. The audience was very satisfied by seeing Accenture's way of thinking and were really impressed by their inclination towards getting to equal. Audience were happy to know that Accenture is an organization where you really get valued for your work.

The session was concluded by awarding all the winners. **Accenture also felicitated Ms. Ritika Rajpal, Ms. Shreya Jangale and Dr. Ranjan Bala Jain for their excellent social work.** All in all the event was a perfect mixture of fun, content and emotions and the VESITIANS really enjoyed it.

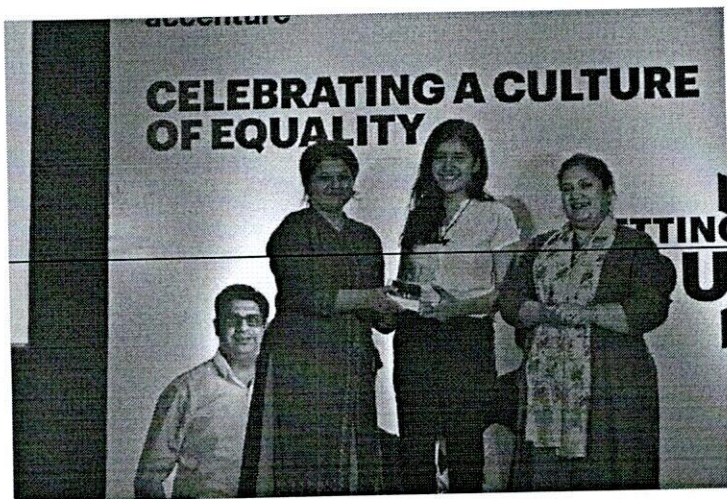


*Dayalika*

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**Dr. Ranjan Bala Jain : Faculty Achiever Award**



**Ms. Ritika Rajpal: Student Achiever Award**

*Jayashree*  
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### **The process of selection of Achievers:**

Accenture has asked nominations of 1 Faculty achiever (male or female) and 2 Student achievers (Male or female) from VESIT who has contributed towards the wellbeing of the society / exemplified the culture of inclusion /equality in their environment. Accenture wanted to felicitate these students and faculty during the program at VESIT campus. They also needed a detailed citation for the Faculty and the 2 students nominated for the award.

Since the function was celebration of women's Day 2019, so it has been decided to ask the nominations from female members and the Women Development Cell (WDC) was given the responsibility to find the female faculty and student achievers. A mail was sent from chairperson to all members for self nominations.

Out of all received entries, based on resume and proofs, WDC decided to forward Following nominations for Felicitation of faculty and students who has contributed for the well being of the society.

- 1) Dr. Ranjan Bala Jain (Faculty)
- 2) Ritika Rajpal (Student)
- 3) Shreya Jangale (Student)

**Accenture Star Award for Faculty Achiever for contribution towards well being of the society awarded to Dr. Ranjanbala Jain of VESIT**



This award is presented for contribution towards well being of the society /exemplified the culture of inclusion/equality in their environment to Dr. Ranjan Bala Jain, Professor (Department of Electronics & Telecommunication) from VESIT as Faculty Achiever - Star Award on 11<sup>th</sup> March 2019 in Accenture Diversity Connect Program and celebration of 15<sup>th</sup> International Women's Day.

*Jayashree*

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To,  
Mrs. Shobha Krishna  
Chair person WDC  
VESIT Chembur.

Dear Madam,  
I would like to nominate myself for **Accenture Diversity Event** on the basis of following contributions towards Society in the field of health and education.

- 1) I Worked as Joint Secretary during 2015-16 & 16-17 in **Jain Engineers's Society**, Navi Mumbai : Conducted various activities like Tree plantation, Health check up camps, Shikhan shibir etc.
- 2) Working as active member of **Kutchh Yuvak Sangh** : Arranged blood donation camps and awareness drive, Organ donation awareness drive etc. in Navi Mumbai
- 3) I am Regular Blood donor. I have taken pledge for Organ donation too.
- 4) I Conduct workshop on Vedic Maths and Memory improvement Techniques for students under the umbrella of **Kutch Yuvak Sangh & Jain Engineers Society**, Navi Mumbai chapter.

I hereby enclose all the relevant certificates for reference.

Thanking You

Yours sincerely,

*Ranjan*  
2/3/19  
Dr. Ranjan Bala Jain

Professor,

Department of EXTC.

*For Ranjan Bala Jain*  
*WDC*



**Dr. (Mrs.) Ranjan Bala Jain**

**Professor**

**Department of Electronics & Tele Communication Engineering, VESIT**

**Academic Profile:**

- a. PhD from IIT, Bombay, Dept. of Electrical Engineering, 2<sup>nd</sup> Feb.2013  
Thesis Topic: **On Tele-Traffic Analysis in OFDMA based Cellular wireless System**
- b. Master of Technology (M.Tech) Opto-Electronics (Optical Fiber Communication) from SGSITS, Indore in 1996 with 75.35%
- c. B.E. in Electronics & Telecommunication from SGSITS Indore in 1993 with 76.35%

**Memberships:**

- a. Life Member of ISTE (LM 33024)
- b. Life member of IWSA (Indian Women Scientist association)(1370)
- c. Life member IETE (Institution of Electronics & Telecommunication Engineers) (M-190653)
- d. Life member of UACEE (Universal Association of Computer and Electronics Engineers) (A7800745)
- e. Sessional Member of The Indian Science Congress Association (SLM883)

**45 Research papers published & presented in various national, international conferences & Journal.**

**Scholarships/Awards/Achievements:**

- a. **Best Paper Award for the paper, "On Downlink Inter Cell Interference Modeling in Cellular OFDMA Networks", in fifth International Conference on Information Processing, August 5 -7 2011, Bangluru, India.**
- b. **Best Lab of the Year, Communication Lab, In charge, Ranjan Bala Jain, Prerana Shrivastava, Shilpa Joshi for the year 2004 in Dept of Electronics & Electronics Tele communication at Lokmanya Tilak college of Engg, Koparkhairane.**



Govt. of India & Department of Atomic energy in Aug.2004

d. Best paper presentation award for the paper Ranjan Bala Jain, A Bunglowala. "Optical Computer, the Next Generation" at National Conference by SSIT, Sehore in April 2002.

e. Awarded GATE fellowship for M-Tech in 1995-1996.

f. Awarded state (M.P. Board) merit Scholarship from 1984-1988.

g. Awarded a gold medal in SIGNALS in 1986.

#### Grants Fetched:

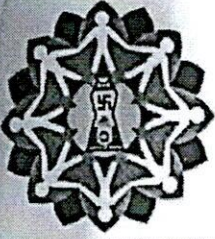
a. For STTP on Recent Trends in Wireless Communication (23<sup>rd</sup> June 2008-27<sup>th</sup> June 2008) from ISTE via ISTE/STTP/C-62/2007 dated March 17-2008.

b. Travel and substance grant for attending a workshop on Scientific m-Learning 4 - 7 June 2012 followed by ICTP e Journals Delivery Service (eJDS) for Scientists in Developing Countries: 10th Anniversary, 8 June 2012, at Abdus Salam International Centre for Theoretical Physics, Trieste Italy.

c. Research grant of Rs.25000/- by University of Mumbai by reference no. APD/237/ 418/ Jan 2017 for the project titled Video Streaming with Multipath TCP and Enhanced Security.

#### Contribution for Society :

a) Worked as Joint Secretary during 2015-16 & 16-17 in Jain Engineers's Society, Navi Mumbai :  
Conducted various activities like Tree plantation Health check-up



# Jain Engineers' Society

Registered under M.P. Society Act 1973/44 - registration nr. IND/5087/2001-20.02.2002  
NAVI MUMBAI CHAPTER

Date: January 20, 2019

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(2013-2015)

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Ph. 9820499822

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Ph. 9220360373

### Cultural Secretary

Er. Mrs. Jaya D. Jain

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6. Saransh Jain, Airoli
7. Sujeet Jain
8. Anurag Modi
9. Mousam Jain
10. Mrs. Shilki Neeraj Jain

JESNM/ 03300119

To,

Dr. (Mrs.) Ranjan Bala Jain

Professor,

Department of Electronics & Telecommunication

VESIT, Chembur.

Dear Madam,

Out of many objectives, Jain Engineer Society, Navi Mumbai works on issues for emancipation of children and women such as health, education and self-dependency and sensitizes them about their rights.

In the series of activities towards these objectives, your one day workshop on "Vedic Maths - Tips for Fast Calculations" conducted on Sunday, 20<sup>th</sup> January, 2019 was very well received by the students of 8<sup>th</sup> & 9<sup>th</sup> standard. On behalf of Jain Engineer Society, Navi Mumbai, we would like to thank you for accepting our invitation and imparting your knowledge to the students. We greatly appreciate the time you took out of your busy schedule, enthusiasm and efforts taken by you for sharing your insight and expertise with us.

We are sure that this interaction will definitely improve their learning skills. We look forward for such interactions in future also.

Thanking you,

With warm regards,

*R. Jain*

[Rajesh Kumar Jain]

Vice President

## Jain Engineers' Society

(International Foundation)

7, Diamond Colony Behind Kalyan Bhawan  
Narayan Kothi Road, Indore - 452 003 India  
Phone : 0731-3241922, Fax : 0731-2722372  
E-mail : [jainengineers@eth.net](mailto:jainengineers@eth.net)  
Website : [www.jainengineerssociety.com](http://www.jainengineerssociety.com)

## Jain Engineers' Society

C/o ITL International LLC  
P.O. Box - 777,  
Building No. 3,  
Schreiber Industrial Park  
New Kensington, PA 15068  
USA





# KUTCH YUVAK SANGH

## (Navi Mumbai Branch)

25<sup>th</sup> Dec. 2018

To,  
Mrs. Ranjan Bala Jain

Ghatkopar.

Dear Madam,

Kutch Yuvak Sangh (KYS) is one of the largest registered NGO of like-minded people which aims to organise every one with equal affection without any caste, creed, age, gender barriers. KYS has been instrumental in all natural disaster like devastating Cyclone of Kandla or Earthquake that hit KUTCH on 26/01/2001 and has been working in the field of Education, Cultural Heritage, Business Development etc. for the societal benefit.

One of the flagship projects of KYS is "Anchorwala Raktadan Abhiyaan (Blood Donation Camp) and Health Check-up Camp". Every four months blood donation camps are organised at around 33 places in Mumbai and Navi Mumbai and more than 4500 bottles of blood is being collected every time. From Navi Mumbai only (Vashi, Panvel, Nerul, Koperkhairne), more than 800 bottles of blood is collected with the help of dedicated and enthusiastic team of volunteers.

We appreciate your service, contribution & dedication during our Blood donation camps at Vashi and Koperkhairane in year 2017-18. Your responsibilities includes explaining the advantages of blood donation to new comers giving 'Thank you' gift hampers to all donors, explaining the contents of gift hamper, requesting to send new blood donors from family, friends and neighbourhood and serving tea & snacks to all blood donors. Your commitment to KYS and its objectives worth spreading is truly appreciated.

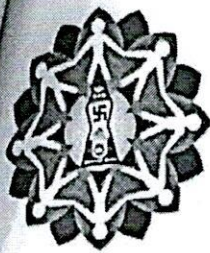
With our best wishes, we pray the God to give you strength a sense of social sensitivity, responsibility and national spirit for future endeavour too.

Thanking you,

With warm regards.

[Authorized Signatory]





# Jain Engineers' Society

Registered under M P Society act 1973 / 44 - registration nr. IND / 5887 / 2001-20.02.2002

NAVI MUMBAI CHAPTER

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MD, PSA Chemicals Private Limited  
Vashi, Navi Mumbai  
Ph. 022-27892343, 9820168081

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Ph. 9820499822

### Vice President

Er. Rajesh Kumar Jain  
Scientific Officer, BARC  
Ph. 022-22960160, 9892720305  
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7. Sujeet Jain
8. Anurag Modi
9. Mousam Jain
10. Mrs. Shilki Neeraj Jain

JESNM/ 03300119

Date: Sept 16, 2018

To,  
Dr. (Mrs.) Ranjan Bala Jain  
Professor,  
Department of Electronics & Telecommunication  
VESIT Chembur

Dear Madam,

Out of many objectives, Jain Engineer Society, Navi Mumbai works on issues for emancipation of children and women such as health, education and self-dependency and sensitise them about their rights.

In the series of activities towards these objectives, Your one day workshop on **Memory Improvement Techniques**, conducted on 16<sup>th</sup> Sep. 2018, Sunday was very well received by the students of 8<sup>th</sup> & 9<sup>th</sup> standard and all Engineers present in the seminar. On behalf of Jain Engineer Society Navi Mumbai, We would like to thank you for accepting our invitation and imparting your knowledge to the students. We greatly appreciate the time you took out of your busy schedule, enthusiasm and efforts taken by you for sharing your insight and expertise with us.

We are sure that this interaction will definitely improve their learning skills. We look forward for such interactions in future also.

Thanking you,  
With warm regards.

*R. Jain*

[Rajesh Kumar Jain]

Vice President

Jain Engineers' Society  
(International Foundation)  
7, Diamond Colony Behind Kalyan Bhawan  
Narayan Kothi Road, Indore - 452 003 India  
Phone : 0731-3241922, Fax : 0731-2722372  
E-mail : [jainengineers@eth.net](mailto:jainengineers@eth.net)  
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We appreciate your service, contribution & dedication during our Organ donation awareness drive at Vashi and Koperkhairane in year 2016 -17. Your responsibilities includes explaining the advantages of organ donation to new comers to promote public awareness about organ donation and transplant, to encourage people to join in the campaign and to encourage people to share their donation decision with their family and friends.

Your commitment to KYS and its objectives worth spreading is truly appreciated.

With our best wishes, we pray the God to give you strength a sense of social sensitivity, responsibility and national spirit for future endeavour too.

Thanking you,

With warm regards.

*Ajain*

[Authorized Signatory]





**Jain Engineer's Society**  
Navi Mumbai Chapter

*Certificate of Appreciation*

is presented to

**Mrs. Ranjan Bala Jain**  
(Jt. Secretary 2016-17)

Seminar on  
Guiding students for Higher studies

25<sup>th</sup> December 2016, Vashi, Navi Mumbai

We wish every moment of your life be  
Happy & Prosperous and your services  
continue to reap multiple benefits to  
the society...

**[Pramod Bharal]**  
Founder President





# SADGURU'S

CHARITABLE BLOOD BANK, NAVI MUMBAI

'Kalash Vaibhav', Mahalaxmi CHS, Above Talwalkars, Plot 21, Sector-11, Koparkhairane, Navi Mumbai-400 709.  
Tel.: 022-2755 6000 / 6050 • Email : sadgurubloodbank@gmail.com

## Certificate for Blood Donation

We sincerely thank

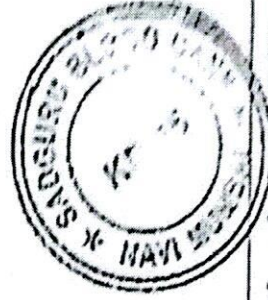
**Ms. Ranjan Bala Jain**

for a noble cause of blood donation at our blood bank.

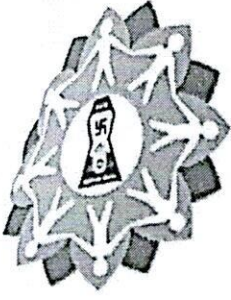
**O+ve**



No.: 4727



Blood Bank Officer



# Jain Engineer's Society

Navi Mumbai Chapter

## *Certificate of Appreciation*

is presented to

**Mrs. Ranjan Bala Jain**

**(Jt. Secretary 2014-15)**

for arranging

**Tree Plantation**

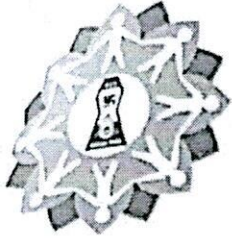
Sunday, 20<sup>th</sup> June 2015, Vashi, Navi Mumbai

We wish every moment of your life be  
Happy & Prosperous and your services  
continue to reap multiple benefits to  
the society...

*R. Jain*

**Rajesh Kumar Jain**  
[Vice President]





**Jain Engineer's Society**  
Navi Mumbai Chapter

*Certificate of Appreciation*  
is presented to

**Mrs. Ranjan Bala Jain**  
(Jt. Secretary, 2015-16)  
for arranging

**Health Checkup Camp**

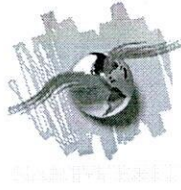
Sunday, 16<sup>th</sup> August 2015, Vashi, Navi Mumbai

We wish every moment of your life be  
Happy & Prosperous and your services  
continue to reap multiple benefits to  
the society...

**Rajendra K Jain**  
[President]

**Gaurav Jain**  
[Secretary]





## **Social Responsibility Team(SoRT)- VESIT**

### **Blood Donation Camp**

Date: 22nd Feb 2018

**Staff Incharge: Deepti Khimani.**

**SoRT Secretary: Sumit Manwani.**

Every drop of blood counts and could be integral in saving countless number of lives. It will cost you nothing but could be the matter of life or death for someone desperately in need.

SoRT VESIT in association with Hashu Advani Memorial Trust collaborated with the doctors of JJ Hospital and Raktapedhi to organize a blood donation camp in VESIT. The camp was held on 22nd february from 10 am to 5pm in the BCR. Additionally, eye checkup and BMI checkup were also conducted in this camp.

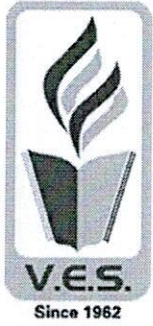
The event was a huge success with an overwhelming 210 students and staff registering for blood donation out of which 162 were eligible for donation, post the hemoglobin and blood pressure tests that were conducted.

Light refreshments were served to the donors post the extraction of blood. Each and every donor was felicitated with a certificate and a token of appreciation for their invaluable contribution towards the society.



The SoRT family felicitated by the doctors for JJ Hospital and Raktapedhi.

*Jayalal*  
PRINCIPAL,  
VIVEKANAND EDUCATION SOCIETY'S  
INSTITUTE OF TECHNOLOGY  
HASHU ADVANI MEDICAL COMPLEX,  
COLLECTOR'S COLONY, CHEMBUR,  
MUMBAI-400 074, INDIA.



# Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## Report on volunteering at S Simran Prathisthan, Ulhasnagar, Thane

### Objective:

Volunteering and service learning are a part of encouraging civic behavior amongst the young people. By working at NGOs where they serve the needy people. While it helps them to meet and understand the life of those who lack the privileges that they have, it also enables them to value all things that they have with them. Volunteering also motivates and promotes emotional and social well-being as well as sense of belonging amongst the college students.

### Summary:

S Simran Seva Prathisthan is an NGO dedicated by Shri Rajkumar Sharma for his wife Smt. Simran R Sharma, who passed away on 24 December 2011 after a prolonged battle with cancer. After the demise of his wife, Shri R Sharma decided to dedicate his life to the service of humanity.

**Gautam G Menghani**, along with his team volunteered to help at this NGO from August to September 2018. While the NGO mainly catered to the need of the old people, it also assisted and **gave service to all needy people** in the community. Since the organization already had its staff to do the daily work, our students were asked to help out in sections that needed further assistance. Hence, the students were able to have a hands on experience on various layers of the system.

The one place that this NGO lacked assistance was updating of the data. As more of its employees were not very educated, updating the data and transferring it to various files in the computer was very difficult for them. The young undergrad engineering students were able to do this with ease and soon helped them with sorting and uploading the data in a systematic order. The NGO was immensely happy and relieved as they had been contemplating on how to get this work done, and also the cost that it would incur.

Gautam and his team also helped in sorting and arranging the huge bundles of clothes that had been heaped in one room. These were the clothes donated by generous public, but lack of man power had led to the collection just growing in heap. After sorting the clothes, the young volunteers first separated it into men and women's garments, bed sheets and other accessories. They then arranged it into various categories like, size, formal-informal wear, nightdress, etc. This enabled the NGO to find the right clothes for the inmates, according to the need.

The students also helped at the Ration Seva Event and also visited the old age home to distribute the snacks to the aged people.



# Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## Outcome:

The time spent volunteering at the NGO proved to be very valuable for young volunteers. It made them realize the importance of serving the community at large. The selflessness required and sensible time management can go a long way to do things not only for yourself but also for the society.

Signature:

Dr. Geeta Ajit



PROJECT PROPOSAL ON FREE MEDICAL CAMPS AND HEALTH  
AWARENESS

A Proposal for

(in partial fulfillment of the requirements of BCE course)

(Manraj Prathisthan & Image Foundation)

By

D11A

Under the guidance of

Dr. Geeta Ajit

Vivekananda Education Society's Institute of Technology

Chembur, Mumbai – 400 074

August 2018





## NAME OF THE GROUP MEMBERS

- 1.Soham Sapkal
- 2.Siddhant Nashte
- 3.Abhik Mirdha
- 4.Heman Parashar
  
- 5.Vilas Dhuri
- 6.Himanshu Jahagirdar
- 7.Aditya Pawar
- 8.Vikrant Indi
- 9.Mehul Tripathi
- 10.Shrinivas Yeddandi
- 11.Raj Sahu
- 12.Jugal Kahlon
- 13.Gurkirat Wadhawan
- 14.Arnab Choudhary
- 15.Prathamesh Shukla
- 16.Anurag Mishra



## INTRODUCTION

The Constitution of India recognizes it as a primary duty for every state to improve public health among their population providing proper services. In line with this, the 11<sup>th</sup> plan(2007-2012) asserted the need to ensure provisioning of primary health services to the poor. However lack of medical facilities, lack of funds, lack of awareness of health among the people and poor economic conditions many people are deprived of basic health services. According to WHO the life expectancy at birth stands at 68 years compared to 72 years around the globe and with a huge gap of 16 in comparison to Japan which ranks first with average life expectancy of 84 years. These poor health outcomes are the result of poor primary health care services and lack of awareness about health regarding issues among the public .

Therefore in our project at Manraj Prathishthan, we envisage at spreading awareness about public and personal health among the masses and conducting free medical checkup camps and providing free medicines to the destitute.

## POSTAL ADDRESS:

### **Manraj Prathishthan**

Khar office : Flat no. 11, Shyam Sadan, S.V. Road, Near Old post office, Khar(w)

**Image Foundation:** C/601 Vivek Sankalp CHS Ltd. Plot 14, NNP, Goregaon East Mumbai- 400 097 Mob: 9867323282

## OUR MISSION

Aimed at the welfare of the society and to serve the poor and then needy, our mission goes with the tagline of the NGO ' Swach Sundar Parisar, Arogya Nandel Nirantar '

## PROJECT OVERVIEW

### **WORK DONE BY THE NGO**

Founded in 2010, Manraj Prathishthan is a non-profit organization that works primarily in the domain of Food nutrition, Employment, human rights with public Health Awareness and

Camps its main domain. Along with its mark in the nutritional field Manraj Pratishtan also works for empowerment of women and education in rural areas and provides free education and medical facility to women and children. It provides 24hrs free ambulance service and basic health services.

## STATEMENT OF THE PROBLEM

In spite of various facilities and services given by the government in the health sector, they do not reach most of the masses especially the economically striven and rural parts. Lack of awareness about the diseases and public health is the common reason for the poor health statistics .

## OBJECTIVES

Manraj Pratishtan takes prime efforts in identifying the sections of the society that are deprived of basic health services. Its main objectives are :

- Spreading awareness about personal and public health among the people
- Encouraging blood donation and organ donation among the youth
- Providing free medicines and drugs at low rates
- Providing financial assistance to the indigent
- Organizing road and beach cleaning camps to spread awareness of public cleanliness
- To promote health care, sanitation and social welfare and development
- To spread awareness about protection of environmental, personal health

## TECHNICAL PLAN

'What you sow so shall you reap', all round the year the Mumbai shores are evident example of these especially during Ganesh Chaturthi .

The first step of the plan include beach cleaning drive at Mahim Chowpatty on 15th, 19th and 21st September after Visarjan, thus contributing towards public cleanliness and spreading awareness regarding the importance of clean water resources and its effect on public health

The second step was helping the NGO in organizing a free medical and eye checkup camp, providing medicines at low rates on 9th and 22nd September at Khar and on 8th and 23rd September at Kurla.

## TENTATIVE PLAN OF OUR WORK

Sr no	Day and Date	Day time	Place of work	Work to be carried out
1.	8th September	3:00pm to 6:00pm	Kurla West Bharat Nagar	Assistance at Medical Camp
2.	9th september	9:00am to 1:00pm	Khar West	Assistance at Medical Camp
3.	15th September	2:00pm to 5:00pm	Mahim Chowpatty	Beach Cleaning
4.	19th September	3:00pm to 6:00pm	Mahim Chowpatty	Beach Cleaning
5.	21st September	2:00pm to 6:00pm	Mahim Chowpatty	Beach Cleaning
6.	22nd September	11:00p m to 3:00pm	Khar West	Assistance at Medical Camp
7.	23rd September	9:00am to 1:00pm	Kurla West Bharat Nagar	Assistance at Medical Camp

## MANAGEMENT PLAN

### MAHIM CHOWPATTY

A 3 hour session was organized by the Image Foundation NGO, instructing the implementation of the beach cleaning drive program. It provided the gloves and safety masks

and organized a cleaning drive on 15th ,19th and 21st of September under the supervision of Mr.Siddhesh Nikam, the Supervisor.

## MEDICAL CHECKUP:

All the members of our group were assigned various task to run the camp smoothly . Mr. Manoj Nathani, head of the NGO, along with his medical camp supervisors guided the organizing committee about execution of the noble task. The medical Camp of lead by Mr. Babu More.

Members took social media as an effective tool, to spread the awareness about the health checkup camps through various social connecting apps such as Facebook

## CONCLUSION

The NGO project will provide a very different change and challenges to all the members. With a step aside from the academics it is a way of giving back to the community. Coming out of the classrooms into the society and encountering the problems faced by it will surely help in tackling future problems. Interaction with selfless people during who carry this noble tasks without any aid from government will surely inculcate a sense of positivity, enthusiasm, hardwork and most importantly the satisfaction of the doing something more than just living



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*[Handwritten signature]*  
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# MANRAJ PRATISHTHAN

Public Trust Reg. No. - E-27560, 12A Reg. No. - 48304, 80G Reg. No. - CIT (E) 80G/1678/ (2015-2016)2016-17

Ref. ....

Date. 24/9/18

To,  
Dr. Geeta Ajit  
Assistant Professor  
Departments of Humanities and Applied Sciences  
V.E.S. Institute of Technology  
Chembur, Mumbai- 400074

Respected Ma'am,

I hereby certify that the following students from V.E.S. Institute of Technology, Chembur, have volunteered in managing Medical Camps & Eye Check-up Camps organised by Manraj Pratishthan Trust.

- |                         |                       |                       |
|-------------------------|-----------------------|-----------------------|
| 1. Soham Sakpal         | 2. Siddhant Nashte    | 3. Prathamesh Shukla  |
| 4. Heman Parasher       | 5. Abhik Mirdha       | 6. Vilas Dhuri        |
| 7. Mehul Tripathi       | 8. Shrinivas Yeddandi | 9. Jugal Kahlon       |
| 10. Raj Sahu            | 11. Vikrant Indi      | 12. Gurkirat Wadhawan |
| 13. Aditya Pawar        | 14. Arnab Choudhary   | 15. Anurag Mishra     |
| 16. Himanshu Jahagirdar |                       |                       |

Yours Truly  
For MANRAJ PRATISHTHAN

Authorised Sign



A

## **Abstract**

In spite of various facilities and services given by the government in the health sector, they do not reach most of the masses especially the economically striven and rural parts. Lack of awareness about the diseases and public health is the common reason for the poor health statistics. Founded in 2010, Manraj Prathishthan is a non-profit organization that works primarily in the domain of Food nutrition, Employment, human rights with public Health Awareness and Camps its main domain.

- Spreading awareness about personal and public health among the people
- Encouraging blood donation and organ donation among the youth
- Providing free medicines and drugs at low rates
- Providing financial assistance to the indigent
- Organizing road and beach cleaning camps to spread awareness of public cleanliness
- To promote health care, sanitation and social welfare and development
- To spread awareness about protection of environmental, personal health

## **Chapter 1: Introduction**

### **1.1 Overview:**

The Constitution of India recognizes it as a primary duty for every state to improve public health among their population providing proper services. In line with this, the 11<sup>th</sup> plan (2007-2012) asserted the need to ensure provisioning of primary health services to the poor. However lack of medical facilities, lack of funds, lack of awareness of health among the people and poor economic conditions many people are deprived of basic health services. According to WHO the life expectancy at birth stands at 68 years compared to 72 years around the globe and with a huge gap of 16 in comparison to Japan which ranks first with average life expectancy of 84 years. These poor health outcomes are the result of poor primary health care services and lack of awareness about health regarding issues among the public.

### **1.2 Background and motivation**

Initially when we were informed about the project that we'd have to work for an NGO for a total of 30 hours, we weren't sure how we were going to be able to do that considering the amount of stress we are under due to assignments and examination. After our briefing with Manraj Prathishthan we found out about how much the NGOs give to the society and we were motivated to help out. We knew that working for NGO would broaden our horizon, increase our leadership skills, give us a sense of cultural understanding and give us a sense of satisfaction for making lives of the people in need a whole lot better.

### **1.3 Objective**

Aimed at the welfare of the society and to serve the poor and then needy, our mission goes with the tagline of the NGO ' Swach Sundar Parisar, Arogya Nandel Nirantar.' Our objective was to envisage at spreading awareness about public and personal health among the masses and conducting free medical checkup camps and providing free medicines to the destitute.

### **1.4 Methodology**

When we went in for medical camp and beach cleaning, we had very little idea about what we were actually going to do. So to calm things down, we were well guided by our supervisors who made sure they included every little detail. So just following their instructions and communicating with my friends was enough to get me through the 30 hours of work.

## **Chapter 2: Description**

### **Day 1 and Day 7: Medical Camp**

Date : 8th and 23rd September, 2018

Time: 9 am - 1 pm

Location: Bharat Nagar, Kurla West.

All our members reached the location at 8:45 am. We were briefed by Mr Babu More who was the NGO supervisor. We were separated into different groups - Helping at the Eye check up, Registration of patients and carrying out medicine boxes. As it was our first day, we were afraid of making mistakes but the NGO members made us feel comfortable and helped us whenever we faced difficulties. In spite of some of us not understanding Marathi, we were helped by our friends. Working together instilled a sense of team spirit and made us aware of the hardships people face everyday.

### **Day 2 and Day 6: Medical Camp**

Date : 9th and 22nd September, 2018

Time: 3 pm - 6 pm and 11 pm - 3 pm

Location - Khar West

This camp was also similar to the one in Kurla, but this was on a bigger scale. The tasks assigned to us also included helping out senior citizens, providing the patients standing in line with water, guiding them to the doctors and make them feel comfortable by spreading awareness. It was afternoon, so it was hot outside and keeping the patients hydrated was an important task. The time was limited so we had to make sure all the tasks like carrying boxes of medicine and eyedrops was done swiftly and efficiently. Members took social media as an effective tool, to spread the awareness about the health checkup camps through various social connecting apps such as Facebook.



All the days that we went to Clean Beaches through Image Foundation were the days after Ganpati Visarjan. So the beach needed some extensive cleaning. When we arrived at the beach, instead of being in awe of its beautiful we were disgusted by the foul smell and the garbages.

We were quickly briefed by Mr. Siddhesh Nikam and were eager to see the beaches in pristine condition, the way they are supposed to be. We were provided with gloves, masks, rag picking sticks and Garbage bags. We worked in pairs where one would hold the Garbage bags and the other would collect the Garbage. Roles were switched from time to time. We also encountered a man who was peeing on the rocks and asked me to stop and made him aware of what actions like these have an effect on our environment. We also talked to 2 Koli Fishermen who made us aware of the fact that many fish would turn up dead on the shore and the number of fish they caught had drastically decreased. Many a times garbage would get stuck inside the fishing nets rendering them useless. All these problems made us realize the depth of it. Even after cleaning for more than 3 hours on each day, we realized the amount of work that is still left and in spite of doing a good job we weren't fully satisfied as we wanted to see a perfect clean beach.

### **Chapter 3: Analysis**

Arriving at Dadar Chowpatty, I was unpleasantly surprised. The amount of trash observed while I was walking towards our designated spot for the clean-up was simply too astonishing. Previous beach clean-ups I had participated in did not involve that much trash. Work was split and I was with the group clearing the Garbage. Due to waves swirling the trash around the rocks at high tide, trash like ropes, plastic bags, plastic strings etc. are being entangled horribly at the shore, making trash very hard to remove. Much patience was needed, as the removal of the entangled trash was a delicate process to minimize damage to the wildlife. With a huge amount of trash, the clean-up ended with a happy feeling that I had a part in making the world a better place and further reinforced the notion to never litter.

### **Conclusion**

The NGO project will provide a very different change and challenges to all the members. With a step aside from the academics it is a way of giving back to the community. Coming out of the classrooms into the society and encountering the problems faced by it will surely help in tackling future problems. Interaction with selfless people during who carry this noble tasks without any aid from government will surely inculcate a sense of positivity, enthusiasm, hardwork and most importantly the satisfaction of the doing something more than just living.

How everything can be improved is by

- Feedback. NGOs can measure their performance using structured ways of hearing from



# Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## Report on volunteering at Jay Foundation

### Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. It also gives the students an opportunity to apply their classroom learning to practical scenarios that have real implications. It is only through hand on experience, does one realize the challenges present. The need to conserve and protect the environment arises when one works on a campaign to clean the environment.

### Summary:

As a part of the BCE extension project, Vinayak Bangar and his team, worked with Jay Foundation and spent more than 15 hours to clean up the shores of Dadar Beach from August to October 2018.

Jay Foundation is an initiative of Jay Shrirangpure to clean up the beaches of Mumbai. As a young professional, Jay always wanted to give back to society, but had no idea on how to go about it. The plan to clean up beaches struck him, when he took his young children to play on Dadar Chowpatty beach. The beach was so filthy and dirty that it filled him with shock and disgust. But instead of turning away, he made it his mission. At the beginning, he would alone, go during his free time and start cleaning up the beach. Soon he found friends, with the same mission and the numbers kept growing. He then started an NGO to expand this mission.

Vinayak and his team would go on Sundays and other public holidays to work with the Foundation to clean up the beach. Together they collected over 1000 tons of plastic waste and other debris from the beach. The activity also taught them many lessons. They started segregating waste at home level and began persuading the people in their neighborhood to do so. They also realized how humans with their careless attitudes have caused the extinction of many marine animals.

The sight of our beach, the day after the immersion of Lord Ganesha, is a sight to sore eyes. Parts of the idol are littered at the full length of the beach. The sea promptly throws up to land, what had been immersed callously by ignorant public. Vinayak and his team promptly joined the Foundation to clean up the beach and make it habitable once again. Though it would take days and hundreds of hands to do so, every hand counts.



# Vivekanand Education Society's Institute of Technology

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## Outcome:

The time spent volunteering at the NGO proved to be very valuable for Vinayak and his team. It made them realize the need to serve society in order to have a better community in future. Working in communities also helped develop their soft skills, where they learnt to use better persuasive and motivational communication.

Signature:

Dr. Geeta Ajit



D11A/20  
GROUP 2

Project Report

(in partial fulfillment of the requirements of BCE course)

# BETTERMENT OF LIVING CONDITIONS IN OLD AGE HOMES

By

SHYALI GOGATE (20)

Submitted to

Dr. Geeta Ajit



V.E.S.

Since 1962

Vivekananda Education Society's Institute of Technology

Chembur, Mumbai - 400 074

September 2018

## Declaration

I SAYALI GOGATE student of Semester V, third year Engineering from Department of ETRX, V.E.S. Institute of Technology, hereby declare that the project entitled BETTERMENT OF LIVING CONDITIONS IN OLD AGE HOME, submitted to the University of Mumbai for the academic year 2018-2019, is a record of an original work done by me under the guidance of Dr. Geeta Ajit, Assistant Professor, Department of Humanities and Applied Sciences, V.E.S. Institute of Technology, Mumbai -400074.

This project report is submitted as a partial fulfillment of the requirement of the subject Business Communication and Ethics in Semester V.

Date: 16/10/18  
Place: CHEMBUR

Name SAYALI GOGATE  
Signature:



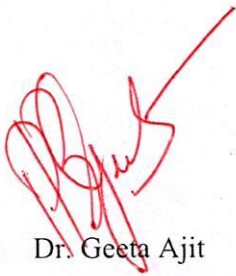
## CERTIFICATE

This is to certify that the report entitled

### BETTERMENT OF LIVING CONDITIONS IN OLD AGE HOME

that is being submitted by :(SAYALI GOGATE)  
from (D11A/ETRX V.E.S Institute of Technology)

in partial fulfillment for the subject Business Communication and Ethics to the University of Mumbai is a record of bonafide work carried out by him/her under my guidance and supervision.



Dr. Geeta Ajit

Assistant Professor

Department of Humanities and Applied Sciences

V.E.S. Institute of Technology

Mumbai -74.



## **ACKNOWLEDGEMENT**

I would like to express my heartfelt gratitude to V.E.S.I.T and Dr. Geeta Ajit for giving me an opportunity to work for 30 hours in HK Chainani Old Age Home in Mulund(E). I would also like to thank the authorities of the institution, Mr. Chainani for allowing us to work for 30 hours in the elders' home. Finally, I would like to thank my teammates without whose support this activity would not have been possible.



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## INTRODUCTION

An old age home is a place for the elderly, who have been abandoned by their children. Although the necessary amenities are provided for, the love and care of their loved ones is sadly missing.

The concept of an old age home is new in India. It is the departure from the system of joint families and the introduction of nuclear families that has brought this unhappy situation in our society and old age homes have had to come up to cater to the needs of the elderly.

Most of the Indian families take good care of their elders but unfortunately there are people who treat their parents as liabilities and hence make them feel neglected.

Hundreds of organizations are working to make life easy for destitute parents by developing old age homes in India.

There are rare cases when parents themselves prefer the privacy of an old age home but in the majority of these cases, it is the cold attitude of children that forces parents to move in these homes.

Some of these homes are not properly maintained mainly due to lack of funds for its regular upkeep. Therefore, senior citizens are forced to live in unhygienic conditions which is detrimental to their health. Since all these senior citizens are staying away from their families, they often suffer from severe depression and feel lonely. Thus, the authorities of the organization try their best to offer several entertainment programs like organizing a play or a picnic for them in order to help them come out of their personal problems and loneliness. Also, certain hours are allotted to their family members for visiting old age home to keep them in touch with those citizens.

K

## BACKGROUND AND MOTIVATION

When we visited the NGO on the 1<sup>st</sup> of September 2018, we found living conditions to be deplorable. The NGO hadn't been receiving funds for its regular maintenance and upkeep.

When we happened to glance inside one of the room, we found it in state of disrepair. The walls hadn't been cleaned and passageways were dusty. The senior citizen in the room, seemed to be happy and listening to music on portable radio. At the same time, another senior citizen appeared to serious and disturbed. This is when we saw the two contrasting emotions for the same situation.

This inspired us to try and make difference in the lives of these people in whatever way we could. We therefore decided to make living condition of NGO better for the inmates of this old age home as it would influence their physical and mental health in positive way. All members of our team came to consensus and we then decided to help them with the preparation of ganesh chaturthi as well.

## METHODOLOGY

Our group was formed since all of us preferred Thane as an ideal location. Therefore, we began our search for the NGO in Thane and areas around Thane like Mulund and Nahur. Therefore, when we chanced upon H.K.Chainani Old Age Home in Mulund(E), we decided to work there as it suited our timing. The issues related to these homes are also on the rise every day. Therefore, we decided to work for this NGO.

Our task was assigned to us for a period of 30 hours spread over 15 days.

## SCHEDULE

### **From 1st September 2018 to 5th September 2018:**

We cleaned the dining hall, rooms and passageways of ground floor.

### **From 6th September 2018 to 10th September 2018:**

We cleaned the passageways and walls of first floor and helped in Ganesh Chaturthi preparations.

### **From 11th September 2018 to 15th September 2018:**

We helped in Ganesh Chaturthi preparations.

## MANAGEMENT

Our schedule comprised 2 hours every day from 1<sup>st</sup> September 2018 to 15<sup>th</sup> September 2018. We would leave college at 2:45 pm every day and work from 4 pm to 6 pm. We carried hand sanitizers and masks to complete our tasks.

For the first 5 days, we cleaned the dining hall, the ground floor passageways and the office. Our team, in spite of hectic schedules owing to assignments and submissions, managed to take out 2 hours every day for this activity.

During the course of the next 5 days, we cleaned the passageways of the first floor and during the last 5 days, we cleaned the second floor and helped in Ganesh Chaturthi preparations.

Our team bonded well during these tasks and it helped us know more about each other. Even though we had misunderstandings and hiccups, we put our differences aside and worked as a team.

## **EXPERIENCE**

During our activity, we learnt many life lessons. When we first visited the NGO, we found it to be unhygienic. We felt sorry for the senior citizens living there. Since most of us were going to an NGO for the first time, the owner, Mr Chainani was kind to explain the tasks which we would be assigned during the course of 30 hours.

During the first 5 days, we cleaned the dining hall and passageways. The dining hall wasn't in a good state and after cleaning it, we felt a sense of satisfaction and realized that the old age home wasn't being properly maintained.

During the next 5 days, we cleaned the passageways and rooms of the first floor. The rooms were in a state of disrepair and the walls needed cleaning as there were leakages in some rooms and the walls had become damp with moisture.

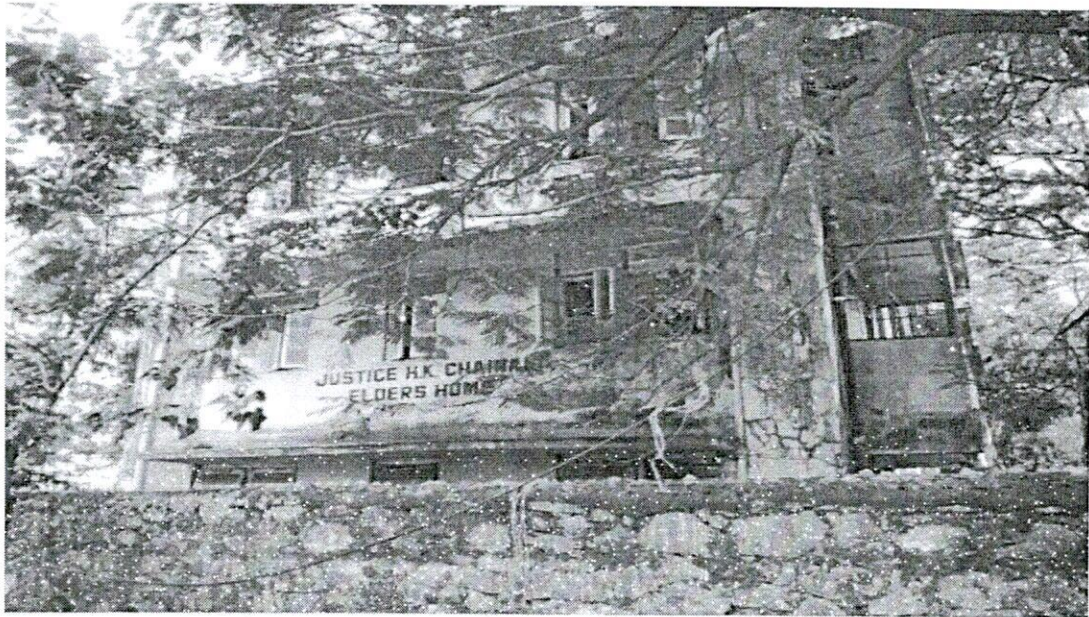
During the festival of Ganesh Chaturthi, we helped in the decoration and cleaning of the idol. Our team bonded well and it was an enjoyable experience, but at the same time, it was an eye opener for us.



## ABOUT HK CHAINANI OLD AGE HOME

Justice H K Chainani Elders' home is located at Navghar Road, Mulund East and is a home for senior citizens. The institution provides basic amenities to senior citizens who live there either by choice or have been admitted by their children. The trustees of Shahani Trust help in the running of this organization and it houses around 50 senior citizens on a subsidized basis. Justice H K Chainani Elder Home is located at Navghar Road, Opposite Shahani Colony, Mulund East, Mumbai – 400081.

The vision and focus is to provide customized solutions with quality and cost effective care. A strong customer focus approach and constant quest for top class quality and services have enabled the organization to attain and sustain leadership position. This organization was established in the year 1968. The authority works sincerely by taking lot of efforts to give the best service possible.



H - K CHAINANI OLD AGE HOME

*Signature*  
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VIVEKANAND EDUCATION SOCIETY'S  
INSTITUTE OF TECHNOLOGY  
HASHU ADVANI MEMORIAL COMPLEX,  
COLLECTOR'S COLONY, CHEMBUR,  
MUMBAI-400 074, INDIA."

✓

## STATISTICS

According to a report, India has around 728 old age homes. Out of these, 325 homes are free of cost, 95 homes are on pay and stay basis and 116 homes have both free and pay and stay facilities and 11 homes have no information. A total of 278 old age homes are available for the sick and 101 homes are exclusively for women. Kerala has 124 old age homes which is the maximum in India.

The old age home houses 50 senior citizens, 28 men and 22 women. It has 2 floors and a terrace and consists of about 26 rooms. It also houses a dining hall and a puja room. About 2 to 3 senior citizens share a room, some prefer to live individually. All of the senior citizens gather in the dining hall for breakfast, lunch and dinner.

Lunch and dinner are prepared by 5 staff members of the institution.

This organization is run by Mr. Chainani and his 2 daughters.



AUTHORITY OF H K CHAINANI OLD AGE HOME

*Jayalal*  
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INSTITUTE OF TECHNOLOGY  
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MUMBAI-400 074, INDIA.

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## OBJECTIVES

Improving the living conditions of senior citizens in HK Chainani Old Age Home by :

- Cleaning rooms
- Cleaning halls and dining rooms
- Cleaning offices
- Cleaning and decoration of Ganesh idols during Ganesh Chaturthi



DINING HALL

*Jayant*  
PRINCIPAL,  
VIVEKANAND EDUCATION SOCIETY'S  
INSTITUTE OF TECHNOLOGY  
HASHU ADVANI MEMORIAL COMPLEX,  
COLLECTOR'S COLONY, CHEMBUR,  
MUMBAI-400 074, INDIA.

## ANALYSIS

The visit to H K Chainani Old Age Home was a pleasant experience. Although our interaction with the inmates of the organisation was limited, seeing a smile on their faces when they knew that someone visited them, was heart-warming. Since most of us weren't familiar with working in an NGO, Mr. Chainani was kind to explain the tasks which we would complete over a period of 30hrs.

After working for 15 days in the NGO, the experience was satisfying and memorable. This activity made us realise our humane side and enhanced our personalities. In India, parents are considered close to god. Therefore, many children choose not to send them off to old age homes. From this experience, however, we realised that some children do think of their parents as liabilities and are hence unable to provide for them. After working for 30hrs we realised the value of sacrifices our parents have made just so we could live the life that we enjoy. These 30hrs also helped our team to bond with each other. We realised that as a team, we could accomplish much more than what a single person could accomplish.



## CHALLENGES FACED

During the assignment, we faced some challenges. We initially chose to work with weChange, an NGO in Thane. After attending a session in Ulhasnagar with the group leader and another session in Kalwa, my team realized that Kalwa was not a safe place to work. Our parents were against our decision to work in Kalwa and therefore, we decided to change the NGO.

However, when we conveyed our decision to the authorities, they were non-cooperative. As a team, we convinced them to allow us to change our NGO and after 2 agonizing days, we finally switched to HK Chainani Old Age Home in Mulund.

This taught us to work as a team and to get out of a sticky situation while still keeping our composure.

While working at HK Chainani Old Age Home, we came up with the idea of conducting an exercise activity for the senior citizens. However, owing to the weather, it was not possible.

It was tough for the team to come together for a cause, owing to hectic schedules, assignments and submissions, however our team spirit helped us complete this assignment successfully.

## LESSONS LEARNT

The experience of working in an NGO was enriching and enlightening. We got to explore a new aspect of our personality and at the end of these 30 hours, we felt a sense of satisfaction.

In India, parents are considered close to God. Therefore, many of us choose not to leave them. However, some children think of their parents as liabilities and put them in old age homes against their parents' wishes.

From this experience, we realized the sacrifices which our parents made for us, just so we could live the life that we enjoy. We also realized that they have made us what we are and we should take good care of them and not just treat them as a liability.

These 30 hours also taught us about the value of team spirit and coordination. We realized that we could accomplish much more working as a team and make the task enjoyable to complete.

During tough times, we stuck together and never gave up. While trying to change our NGO, we realized that working together as a team brought us out of the situation in the best way possible.

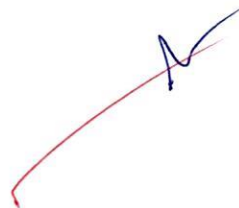
Overall, this was an experience of a lifetime and has instilled in me a sense of compassion.



## CONCLUSION

“Your parents showed you the world, and in return, you showed them an old age home”. This famous saying reflects the sad situation in India. Old age homes, due to lack of funds are not being properly maintained. Since most of the senior citizens living in an old age home are estranged from their children, they fall into depression which affects their overall health.

These 30 hours were a small attempt from our side to improve their living conditions in whatever way we could and has also inspired us to undertake many social causes in the future.



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# Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## Report on volunteering at Swami Lilashah Udyog Ashram

### Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. Through this experience of giving a helping hand to women and the vulnerable section of society, students gain self-esteem and self-confidence. They also gained knowledge and experience after interacting with citizens who have a vast body of knowledge and experience.

### Summary:

Swami Lilashah Ashram is located in Ulhasnagar (East). Swami Lilashah was a Gandhian & spiritual masters of Sindhi's. The Institution works on the social welfare projects like "Nari Shala" & "Gau Shala" and for the betterment of people. Swami Lilashah started the institution during 1950's. These Social welfare Institutions were also started in Ajmer, Adipur, Godhra etc. They also work for elopement of social evils like Dowry System.

**A group of 12 students** volunteered to serve at this NGO for their BCE extension project from August to September 2019. Most of women in our country get the opportunity to learn and work independently, but there are a number of women who still do not get that chance. The Institution provides opportunity to all such women by letting them learn tailoring and conducting different activities for them.

The volunteers were to help the members of Institution, by cleaning the surrounding area of ashram arranging the books in library and cleaning the tailoring equipment, and other odd jobs as requested by them. The volunteers would go on Sundays and other public holidays and help at the Aashram. They also taught the women to use smart phones which can help in their empowerment.

### Student List:

1. Vinita Chanchalani
2. Aditi Jadhav
3. Kajol Landge
4. Vignesh Joshi
5. Dipti Suryawanshi
6. Vidhi Bharve
7. U. V. Priyanka
8. Karishma Wani
9. Saloni Salvi
10. Rutuja Ghatge
11. Tushar Shukla
12. Supriya Undare



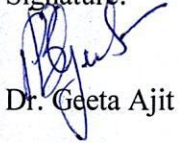
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## Outcome:

The time spent volunteering at the NGO proved to be very valuable for young volunteers. It made them realize the vulnerability faced by women especially if they lack support system. It also made them aware of how society treats those who are helpless and economically weak. This made the students resolve to help the weak and defenseless in every way they can.

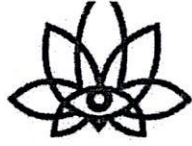
Signature:

  
Dr. Geeta Ajit





## Appendices



# IMAGE FOUNDATION

Regd. No. E / 31044 / Mumbai / 2015.

IF/ceU18.

Date: 20/9/18

Dr Geeta Ajit  
Assistant Professor  
Department of Humanities and Applied Sciences  
V.E.S. Institute of Technology  
Chembur, Mumbai - 400074

Respected ma'am,

This is to certify that the following students from VESIT, Chembur, worked with Image foundation for beach cleaning on 15th, 19th and 21st of September 2018 for 3 hours each at Mahim Chowpatty. We are glad to have them in our team and appreciate their concern towards the environment.

### NAME OF THE GROUP MEMBERS

1. Soham Sapkal
2. Siddhant Nashte
3. Abhik Mirdha
4. Heman Parashar
5. Vilas Dhuri
6. Himanshu Jahagirdar
7. Aditya Pawar
8. Vikrant Indi
9. Mehul Tripathi
10. Shrinivas Yeddandi
11. Raj Sahu
12. Jugal Kahlon
13. Gurkirat Wadhawan
14. Arnab Choudhury
15. Prathamesh Shukla
16. Anurag Mishra

For IMAGE FOUNDATION

Trustee



C/601, Vivek Sankalp CHS.Ltd., Plot No.14, Gen.Vaidya Marg, NNP, Goregaon (E), Mumbai-400 097. Call :96673213282

- local people and partners about (a) changes in outcomes they value, and (b) how well a specific NGO has contributed to those changes.
- Verification. Results and reports can be verified, so NGOs don't risk having to rely on self-assessments of performance – any more than they would rely on unaudited financial reports.



A picture from Mahim Chaupati

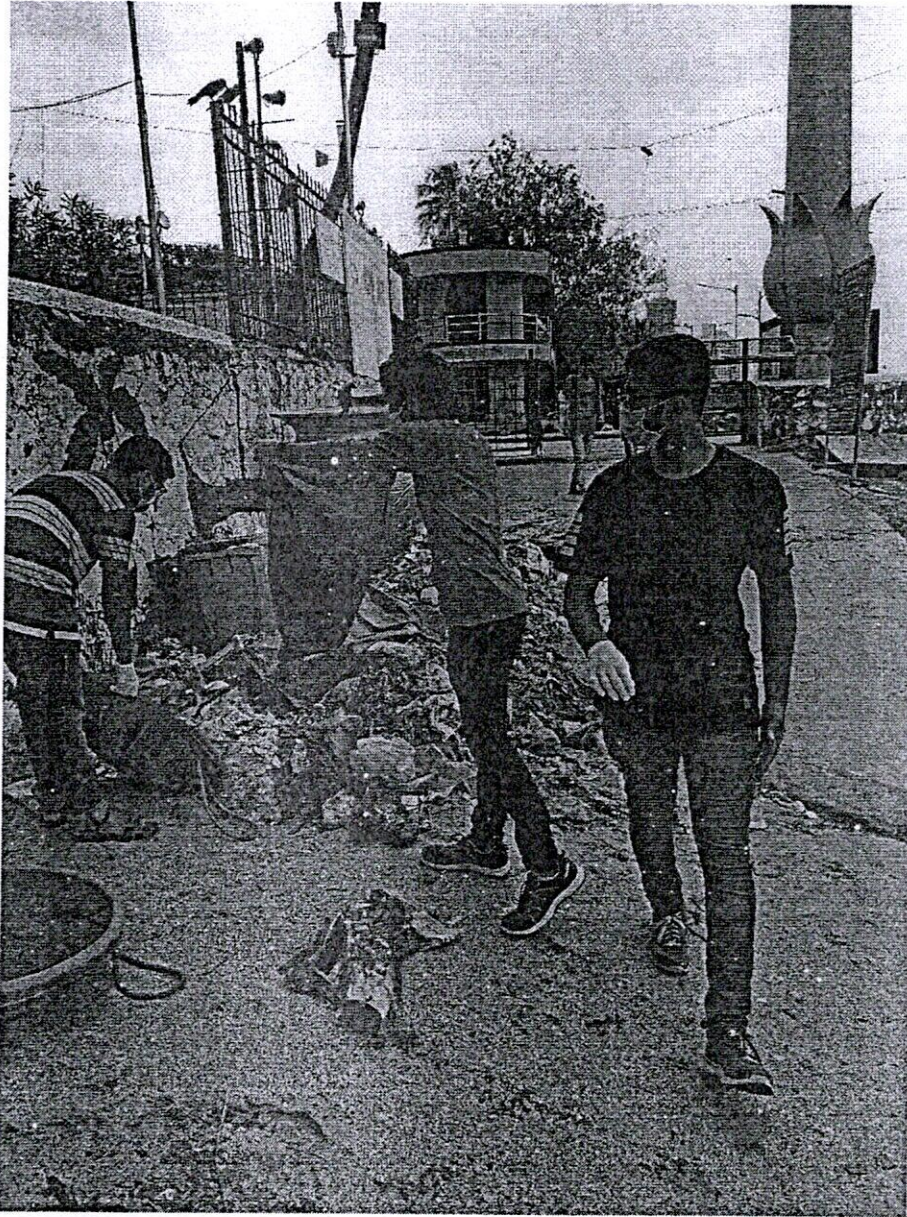
*Jayashree*

PRINCIPAL,  
VIVEKANAND EDUCATION SOCIETY'S  
INSTITUTE OF TECHNOLOGY  
HASHU ADVANI MEMORIAL COMPLEX,  
COLLECTOR'S COLONY, CHEMBUR,  
MUMBAI-400 074, INDIA.



A picture from Mahim Chaupati

*Sayali M*  
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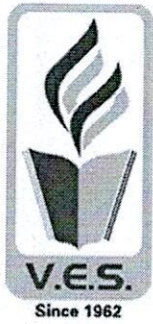


"Use Me"

*Jayashree*

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*M*



# Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## Report on volunteering at Child's Rights and You

### Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. It enables students to make positive impact on society and also makes them aware of how quickly circumstances can change in life. Through this experience of **giving a helping hand to young children**, students gain self-esteem and self-confidence within themselves.

### Summary:


Child Rights and You is an Indian non-governmental organization that works towards ensuring children's rights. The organization was started in 1979 by Rippan Kapur, an Indian Airlines purser. CRY works with 102 local NGOs across 19 states in India and has impacted the lives of over three million children. CRY addresses children's critical needs by working with parents, teachers, Anganwadi workers, communities, district and state-level governments, as well as the children, themselves. The organization focuses on changing behaviours and practices at the grassroots level and influencing public policy at a systemic level, to create an environment where children are a priority.

**Pranav Sarode** and his team volunteered to serve at this NGO for their BCE extension project from May to June 2018. He successfully raised funds for CRY's Online Crowd Funding Campaign. Moreover, he was able to meet the given deadline. This proved the intensity of work commitment towards this task by him. He also created awareness of this campaign by reaching out to a great number of people using the social media platform. The aim was to bring awareness of the need for basic necessities like toilet and sanitation for women and children in the remotest part of our country. Through the platform of social media Pranav and his team were able to connect with potential donors and well-wishers and thus help in success of the project.

### Outcome:

Working with this project gave a glimpse of the problems faced by many women and children all around the country. The things taken granted by them are most often only a pipe dream for many children. Pranav and his team learnt to value the things they have more dearly and also work for those who cannot have even the basic necessities of life.

### Signature:

  
Dr. Geeta Ajit



# Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## Report on volunteering at Rajani Foundation

### Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. It also gives the students an opportunity to apply their classroom learning to practical scenarios that have real implications. It is only through hand on experience, does one realize the challenges present. The need to conserve and protect the environment arises when one works on a campaign to clean the environment.

### Summary:

As a part of the BCE extension project,,Hemant M Wakchaure and his team, participated in Clean – a –thon, on 1 September 2017, a drive by Rajani Foundation to clean up Juhu Beach.

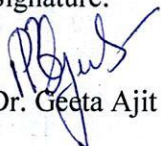
Rajani foundation India was started in 2015 by Mumbai University students with an agenda of working for the betterment of underprivileged sections of our society. They have organised various campaigns and events under our core initiatives of Each One Teach One, We Donate Campaign, Clean-A-Thon, SHE- Sanitary Health Education, Gift-a-Play and Redefining Happiness. Their initiatives are based on the cardinal problems that exist in our society and we strive to find the ways to correct it to the capacity that one can.

Hemant joined this drive and together they collected tons of plastic waste and other debris from the beach. This activity also taught them many lessons. They started segregating waste at home level and began persuading the people in their neighborhood to do so. They also realized how humans with their careless attitudes have caused the extinction of many marine animals.

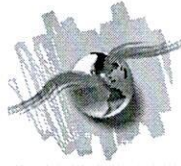
### Outcome:

The time spent volunteering at the NGO proved to be very valuable for Hemant and his team. It made them realize the need to serve society in order to have a better community in future. Working in communities also helped develop their soft skills, where they learnt to use better persuasive and motivational communication.

Signature:

  
Dr. Geeta Ajit





## Social Responsibility Team(SoRT) - VESIT

### *Rise for Kerala Stand for Kerala*

Staff Incharge : Deepti Khimani  
Secretary: Sumit Manwani

People are in danger back in wonderful state.  
One of the biggest disaster till date.  
We all got together to help them quickly  
They are not strangers now, they are part of our family.  
We look at horizon hoping things will be better  
Until then we'll be working *Towards the better, Together.*



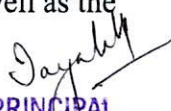
### **Donate for Kerala, 21st August 2018.**

SoRT VESIT in collaboration with VF foundation, Wadala, contributed to the movement 'Rise for Kerala, Stand for Kerala.' It was a three day donation drive to lend a helping hand ,to thousands of people who lost their beautiful paradise in a blink of an eye.

Basic necessities like food, clothes and medicines were donated in enormous quantities. Some individuals also contributed money, SoRT used it for buying more medicines, since we were told that it was the most sought-after donation. A whopping 101 students donated goods, several staff members donated items as well.



The goods were organized according to their food, clothing or medical category. The donations were then sent to Kerala through VF foundation. The drive was completed successfully with great enthusiasm and overwhelming participation and support from the students as well as the college staff.

  
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